

## Hilda, Abbess of Whitby



Hilda, born in 614, was the grandniece of King Edwin. She was instructed by Paulinus in the doctrines of Christianity in preparation for her baptism at the age of thirteen. She lived chaste, and respected the King's court for twenty years, and then decided to enter the monastic life. Bishop Aidan sent her to East Anglia, her home country, to live in a small monastic settlement. One year later, Aidan appointed her Abbess of Hartepool. There she became renowned for her wisdom, eagerness for learning, and devotion to God's service. Some years later, she founded the abbey at Whitby, where both nuns and monks lived in strict obedience to Hilda's rule of justice, devotion, chastity, peace, and charity. Hilda favored the Celtic Christian position; however, when the Roman position prevailed at the synod convened at Whitby in 663, Hilda was obedient to the synod's decision. She died in 680, surrounded by her monastics, whom in her last hour, she urged to preserve the gospel of peace.

*O God of peace, by whose grace the abbess Hilda was endowed with gifts of justice, prudence, and strength to rule as a wise mother over the nuns and monks of her household, and to become a trusted and reconciling friend to leaders of the Church: Give us the grace to recognize and accept the varied gifts you bestow on men and women, that our common life may be enriched and your gracious will be done; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen*

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## Calendar of Events

*If you would like to see your event listed here, please email [Clelia](mailto:Clelia) or [garritycpg@gmail.com](mailto:garritycpg@gmail.com). If you would like to see your event listed in the *diocesan calendar*, please email [Barbara](mailto:Barbara).*

### SAVE THE DATES

**Sep - May, CHRISTIAN BASICS: An Outline of the Faith (found in the Book of Common Prayer)** offered by the Frensdorff School beginning Sep 13 at St. Peter's Church in Carson City. This class is open to anyone seeking educational formation into baptismal discipleship. The class will meet twice monthly on Sunday afternoons from 1:00 - 4:00 PM. The first semester (Sep - Dec) will follow the theme "A Community of Revelation." The second semester (Feb - May) will continue with the theme "A Community of Reconciliation." The class facilitator will be Chuck McCray. Please contact [frensdorff.school@gmail.com](mailto:frensdorff.school@gmail.com) for more information.

**Nov 3-20, PREACHING 101 FOR CLERGY AND LAY PREACHERS, offered by The Frensdorff School of Christian Formation, 6:30 - 9:00 PM. Classes will be held for three consecutive weeks: Nov 3, 4, 5, 6, 10, 11, 12, 13, 17, 18, 19, 20.** St. Christopher's, Boulder City. This course is open to everyone. It includes classes on Holy Scripture, Biblical Interpretation, Theology, Church History, the Book of Common Prayer and Hymnal, History of Preaching, and a Preaching Practicum. Clergy and Lay Professionals may receive continuing education credits. Register via email to [frensdorff.school@gmail.com](mailto:frensdorff.school@gmail.com)

**Nov 20, TEEN NIGHT** - Free Karaoke, Food, Fun. 6:30 PM - 9:00 PM, The Boy's and Girl's Club of Pahrump. Sponsored by St. Martin's Church, Nye Communities Coalition, and the Boy's and Girl's Club of Pahrump. For information call 775-727-9970, or 775-537-1115.

**Nov 21, ADVENT QUIET DAY, 9:00 AM - Noon, Grace in the Desert.** A light lunch will be provided. To RSVP contact [RevMaryB@cox.net](mailto:RevMaryB@cox.net), or call 702-540-3012.

**Nov 22, INSTALLATION OF LAURIE CHAPPELLE AS RECTOR OF ST. CATHERINE'S - SIENA, Reno**  
3:00 PM

**Nov 22, THE GRAND PRIZE, Raffle Drawing at St. Matthew's** - Proceeds to benefit St. Matthew's Episcopal Church. 1st Prize - 4 tickets to Las Vegas's Lion King at Mandalay Bay; one-night stay at Mandalay Bay; and a \$200 gift certificate for dinner. One ticket; \$5; three tickets: \$12.00; five tickets: \$20.00. Please ask a Vestry Member for the tickets. Thank You for your support.

**Dec 5, ANTI-RACISM TRAINING, Christ Church, Las Vegas; 9:00 AM - 12 Noon.** Attendance satisfies the Diocesan anti-racism training requirement for 2010. Please have your parish contact Barbara Lewis at 702-737-9190.

**Dec 5, THE NAKED NOW: Learning To See Like the Mystics presented by Fr. Richard Rohr, 9:30 AM - 3:30 PM,** St. Joseph, Husband of Mary Church, 7260 W. Sahara Ave, Las Vegas. The Cost is \$50 (\$30 for students and the unemployed). For information, or to register call 702-243-4040.

**Dec 12, ADVENT RETREAT, St. Paul's, Elko; 10:00 AM - 2:00 PM.** Lunch will be provided. To RSVP, email [kalbrethsen@yahoo.com](mailto:kalbrethsen@yahoo.com), or call 775-738-3264.

**Dec 18-19, DAWN, DAY AND DUSK: SETTING A MODERN CLOCK BY ANCIENT HOURS: AN INTRODUCTION TO THE CHRISTIAN PRACTICE OF CONTEMPLATION, A LAKE TAHOE RETREAT,** an offering of the the Office of Young Adult Ministries of the Episcopal Church, USA; the Frensdorff School of Christian Formation; and St. Peter's Episcopal Church, Carson City. 5:00 PM Friday 12/18 - 6:00 PM Saturday 12/19. Registration deadline 12/04/2009. Cost \$40.00- all meals included. To register contact [frensdorff.school@gmail.com](mailto:frensdorff.school@gmail.com)

**Dec 20, CEREMONY OF LESSONS AND CAROLS, 10:30 AM,** All Saints', Las Vegas

**Dec 24, CHRISTMAS MUSIC BY ALL SAINTS' CHOIR, 10:30 PM, All Saints', Las Vegas**

**Jan 10, EPIPHANY CHORAL EVENSONG WITH RECITAL: BEDE PARRY, ORGANIST, 5:30 PM, All Saints', Las Vegas**

**Feb 17, ASH WEDNESDAY LITURGY WITH SPECIAL MUSIC BY ALL SAINTS' CHOIR, 7:00 PM, All Saints', Las Vegas**

**Mar 28, CONCERT BY ALL SAINTS' CHOIR, 5:30 PM, All Saints', Las Vegas**

 Forward to a Friend

## Chrysalis Flights



Before it becomes a butterfly, a caterpillar goes through a growth stage during which it is called a "chrysalis." On the surface, it may not look like a lot is happening, but the delicate chrysalis process changes the fuzzy caterpillar into an awesome butterfly with wings of intricate designs and intense colors. The chrysalis process symbolizes how Christ can transform you into something beyond your dreams. It happens when you grow beyond yourself, opening your life to Jesus' power and love.

During a Chrysalis Flight young people spend three days in worship, prayer, fellowship, creative expression, recreation, singing, and discussion. They experience the love of God through prayers and the acts of service from a loving support community.

Chrysalis is open to young people of any Christian denomination. The ages include high school students (15-18 - completed 9th Grade) and young adults (19-24 - graduated from High School).

Chrysalis of Southern Nevada's next set of Chrysalis Flights are scheduled for February 19-21 at the First Baptist Church in Las Vegas. Please contact Beth Blackwood at [bablackwood@yahoo.com](mailto:bablackwood@yahoo.com) with questions, or to reserve a space.



# Desert Angels Health Tip of the Week

## Medication Errors: Cut Your Risk With These Tips

By Mayo Clinic Staff

***Reduce your risk of medication errors by asking questions and being informed about the medications you take, including possible side effects and adverse reactions.***

Medication errors may sound harmless, but mistakes in prescribing, dispensing, and administering medications injure more than 1 million people a year in the United States. Yet, most medication errors can be prevented.

One of the best ways to reduce your risk of being harmed by medication errors is to take an active role in your health care. Learn about the medications you take - and take responsibility for monitoring their effectiveness and side effects. Never hesitate to ask questions or share concerns with your doctor, pharmacist, and other health care providers.

For more information go to: <http://www.mayoclinic.com/health/medication-errors/MY00815>

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## NEWS BRIEFS

The Diocesan office is moving as of November 13, 2009  
The new address is:

9480 S. Eastern Avenue, Ste 236  
Las Vegas, Nevada 89123-8037

The telephone number and the fax number will remain the same.

**St. Timothy's, Henderson offers a Grief Support Group**, both groups meet on the second and fourth Mondays and Thursdays of the month at the church. The groups are facilitated by hospice chaplains; meeting times are: Mondays at 10:00 AM and Thursdays at 6:30 PM. The groups offer support for those who have experienced any sort of loss. 43 W. Pacific Ave. in Henderson.

**Holy Trinity Episcopal Church, Fallon offers a Bereavement Support "drop-in" group** the 2nd Monday of every month from 6:00 - 7:00 PM at the vicarage.

**Episcopal Recovery Ministries in Nevada is in formation** and will have its first meeting at Diocesan Convention in October. If you would like to participate in this ministry, or have questions, please contact Kathie Knutson Meier at 253-250-953, or 702-684-6444. The national website is <http://episcopalrecovery.org>

**The Bishop Wes Frensdorff School of Christian Formation: A new Education Venture of the Episcopal Diocese of Nevada.** The school's mission is *To bring together all Nevada Episcopalians for Christian formation, empowering each other to live deeply into our Baptismal Covenant in our relationships, service in daily life, and witness to the world.* To learn more go to the new Frensdorff School of Christian Formation website: <http://frensdorffschool.webs.com/> You may contact them at: [frensdorff.school@gmail.com](mailto:frensdorff.school@gmail.com)

*Please submit your news briefs to Clelia at*

[garritycpg@gmail.com](mailto:garritycpg@gmail.com)

### Contact Information

eNews Chief: Clelia  
775.253.5579 (cell phone: no solicitors, please)

### Ministry Quick Links

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### About Us

The Episcopal Diocese of Nevada embraces 6,000 members from communities throughout Nevada and Bullhead City, Arizona in 34 congregations and 2 new faith communities. Our electronic newsletter service and print journal, The Desert Spirit, are provided to parishes and members free of charge.

Persons interested in the ministry of communications may contact [Barbara](#), [Hallie](#), or [Karl](#) to get involved.

Persons wishing to opt-out and not receive the electronic newsletter can simply unsubscribe by selecting the link at the end of this newsletter.

Changes to snail mail addresses for The Desert Spirit must be sent to the [Editor](#).

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