

eNewsletter of the Episcopal Diocese of Nevada

Issue # 58

January 13, 2010

Aelred, Abbot of Rievaulx



Aelred was born in 1109. While still a youth, he was sent for education to the court of King David of Scotland, son of Queen Margaret. After intense disillusion and inner struggle, Aelred went to Yorkshire, where he became a Cistercian monk at the abbey of Rievaulx in 1133. Aelred soon became a major figure in English church life, making a deep

impression on Bernard of Clairvaux. In 1143, Alred led the founding of a new Cistercian house at Revesby. Four years later he was appointed abbot of Rievaulx. By the time of his death in 1167, the abbey had over 600 monks, including Aelred's biographer and friend, Walter Daniel. During this period, Aelred wrote his best known work *Spiritual Friendship*. Friendship, Alred taught, is both a gift from God and a creation of human effort. While love is universal, freely given to all, friendship is a particular love between individuals, of which the example is Jesus and John the Beloved Disciple. Aelred wrote, "*There are four qualities which characterize a friend: loyalty, right intention, discretion, and patience.*"

Pour into our hearts, O God, the Holy Spirit's gift of love, that we, clasping each other's hand, may share the joy of friendship, human and divine, and with your servant Aelred draw many to your community of love: through Jesus Christ the Righteous, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever. Amen

Calendar of Events

Presiding Bishop Urges Liberian Anglicans to 'help each child in this nation.'

Desert Angels Health Tip of the Week

News Briefs

Calendar of Events

If you would like to see your event listed here, please email Clelia or garritycpg@gmail.com. If you would like to see your event listed in the diocesan calendar, please email Barbara.

SAVE THE DATES

Jan 15, FAMILY GAME NIGHT, Fellowship Room, 6:30 PM. Fun for all ages!, Episcopal Church of the Epiphany, Las Vegas.

Jan 17, NEWCOMER'S BRUNCH, Fellowship Room, 11:30 AM. For new members of Epiphany, not-so-new members, and those who are just curious about us. Episcopal Church of the Epiphany, Las Vegas.

Jan 22, TEEN NIGHT, sponsored by St. Martin's Episcopal Church in partnership with Nye Communities Coalition and the Boy's & Girl's Club of Pahrump. 6:30 - 9:30 PM, Boy's and Girl's Club, Pahrump.

Jan 28-30, DEACON'S CONFERENCE, St. Jude's Ranch for Children, Boulder City. 5:00 PM, Jan 28 - 12:30 PM Jan. 30. This conference is for Deacons and Postulants to the Diaconate. Please call Barbara at 702-737-6488 to reserve a space.

Jan 30, AN INTRODUCTION TO EFM MENTORING led by Connie Patterson, Diocesan EFM Coordinator, 7:00 - 9:00 PM at Bishop Dan's home: 136 Camino Francisco, Henderson, NV 89012. No charge; no registration - just drop in and help us organize a face-to-face EFM (or 2) in the South.

Feb 14, ORGAN RECITAL - HANS U. HIELSCHER, International Recitalist, 7:30 P.M., All Saint's, Las Vegas.

Feb 26 - 27, CATHOLICITY: ROMAN OR REFORMED: a presentation on roles, authority, transitions and faith by The Rev, Joseph Duggan. Friday - 6:30-9:00 PM; Saturday - 9:00 AM - 2:00 PM. Lunch will be served. Donations accepted to cover costs. RSVP to helen@mcpeak.org

Feb 17, ASH WEDNESDAY LITURGY WITH SPECIAL MUSIC BY ALL SAINTS' CHOIR, 7:00 PM, All Saints', Las Vegas

Mar 19-21, YOUTH SERVICE WEEKEND, Camp Galilee - An excellent opportunity for youth ages 14-18 to spend the weekend at the camp and provide volunteer work to prepare the camp for the summer camping program. Prospective counselors can be part of the camp experience and be interviewed during this weekend, as well. Leadership will be provided by Fr. Jeff Paul, Executive Director Stuart Campbell, and experienced summer counselors. The cost of the weekend will be \$50. To register, call 775-749-5546.

Mar 13, LENTEN QUIET DAY AT GRACE led by Rev. Mary Bredlau, 9:00 AM - 12 noon, concluding with the Eucharist, and then a simple soup lunch in the parish hall. Please RSVP directly to Rev. Mary at RevMaryB@cox.net or 702-540-3012, by two days prior.

Mar 28, PALM SUNDAY - CONCERT BY ALL SAINTS' CHOIR, 5:30 PM, All Saints', Las Vegas

May 28-31, MEMORIAL DAY ADULT RETREAT, Camp Galilee. The program will begin Friday, May 28 with dinner and conclude Monday, May 31 just after breakfast. The cost for the weekend is \$164.00 per person and covers all meals and lodging. Optional activities are provided by Galilee staff and will include guided short walks, kayaking excursions, evening stargazing, and a Sunday Eucharist. There will be plenty of time for personal reflection. Leadership will be provided by the Rev. Jim Beebe and Stuart Campbell. To register call 775-749-5546.

 Forward to a Friend

Presiding Bishop Urges Liberian Anglicans to 'help each child in this nation.'



Presiding Bishop Katharine Jefferts Schori preached and celebrated a solemn high mass for more than 1,500 people on the second Sunday after Christmas at the cathedral in central Monrovia, the Capitol of Liberia, a nation of nearly 5.5 million people on Africa's west coast. The visit marked the first time Jefferts Schori had been the official guest of an African church.

In her sermon, the Presiding Bishop said, "This very nation of Liberia began in homecoming, in the restoration of peoples forcibly enslaved and exiled to North America and the Caribbean...Yet the work of

homecoming is far from finished in this land. The homeward journeys of the 1800s also meant that others were pushed out of their homes. The years since have given rise to many struggles over whose home this nation would be. The violence of the last decades is a stark reminder that the Prince of Peace still has much to do."

Jefferts Schori said that she was surprised that Liberia's infant mortality rate trails only Afghanistan and Sierra Leone. The Presiding Bishop called those present to help the children of Liberia to be able to use the gifts that God has given them, noting that many others, including the Episcopal Church, have long been partners in caring for and teaching the children of Liberia. She concluded by saying, "The holy child who is born among us yet again is an ever-present reminder of the unique value of each human life, for each human being offers us a glimpse of the divine, each one is an image of God." She said, "Joseph was willing to risk his life for the sake of a child he believes is not his own -- what about us?"

Desert Angels Health Tip of the Week



Back Injuries

Your back is an intricate structure of bones, muscles, and other tissues extending from your neck to your pelvis. Back injuries can result from sports injuries, work around the house or in the garden, or a sudden jolt such as a car accident. The lower back is the most common site of back injuries and back pain. Common back injuries include

Sprains and strains

Herniated disks

Fractured vertebrae

These injuries can cause pain and limit your movement. Treatments vary but might include medicines, icing, bed rest, physical therapy or surgery. You might be able to prevent some back injuries by maintaining a healthy weight, lifting objects with your legs and using lower-back support when you sit.

NEWS BRIEFS

St. Martin' in the Desert, Pahrump now has a Wednesday Morning Prayer Service led by newly licensed Lay Leader, Fred Slaughter. Please send us news of what your Lay Leaders are up to. We'd love to publish the good news of their work!

Lent Soup/Salad Suppers at 6:00 PM on February 24th, March 3rd, 10th, 17th, and 24th in the vicarage. Worship Service at 7:00 PM, followed by Lenten Study, "Praying in Color: Drawing a New Path to God." Holy Trinity, Fallon

Holy Trinity Episcopal Church, Fallon offers a Bereavement Support "drop-in" group the 2nd Monday of every month from 6:00 - 7:00 PM at the vicarage.

Two 8 week Bereavement Support sessions are also offered. One in the Spring (April 8th- May 27th), and one in the Fall (September 30th - November 18th) on Thursday evenings from 6:00 - 7:00 PM in the Vicarage.

and

A "drop-in" Bereavement Group meets the 1st Wednesday of every month at CARES Cottage in Yerington (306 Surprise Street) from 1:00 - 2:00 PM

St. Timothy's, Henderson offers a Grief Support Group, both groups meet on the second and fourth Mondays and Thursdays of the month at the church. The groups are facilitated by hospice chaplains; meeting times are: Mondays at 10:00 AM and Thursdays at 6:30 PM. The groups offer support for those who

have experienced any sort of loss. 43 W. Pacific Ave. in Henderson.

Episcopal Recovery Ministries in Nevada is in formation and will have its first meeting at Diocesan Convention in October. If you would like to participate in this ministry, or have questions, please contact Kathie Knutson Meier at 253-250-953, or 702-684-6444. The national website is <http://episcopalrecovery.org>

The Bishop Wes Frensdorff School of Christian Formation: A new Education Venture of the Episcopal Diocese of Nevada. The school's mission is *To bring together all Nevada Episcopalians for Christian formation, empowering each other to live deeply into our Baptismal Covenant in our relationships, service in daily life, and witness to the world.* To learn more go to the new Frensdorff School of Christian Formation website: <http://frensdorffschool.webs.com/> You may contact them at: frensdorff.school@gmail.com

Please submit your news briefs to Clelia at garritycpg@gmail.com

Contact Information

eNews Chief: Clelia
775.253.5579 (cell phone: no solicitors, please)

Ministry Quick Links

UTO
Put Your Faith to Work Ads
Episcopal Books & Resources
Global Good (MGD's) Camp Galilee
CDSP
Episcopal Diocese of Nevada

 Forward to a Friend

About Us

The Episcopal Diocese of Nevada embraces 6,000 members from communities throughout Nevada and Bullhead City, Arizona in 34 congregations and 2 new faith communities. Our electronic newsletter service and print journal, The Desert Spirit, are provided to parishes and members free of charge.

Persons interested in the ministry of communications may contact [Barbara](#), [Hallie](#), or [Karl](#) to get involved.

Persons wishing to opt-out and not receive the electronic newsletter can simply unsubscribe by selecting the link at the end of this newsletter.

Changes to snail mail addresses for The Desert Spirit must be sent to the [Editor](#).

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